

Location

The Future Star Lacrosse Camp ^(Ltd.) will be held at the Upland Country Day School, 420 West Street Rd., RD #1, Kennett Square, PA. Upland is located on Rt. # 926 between Newark Rd. and Rt. 82 (1/4 of a mile from New Bolton Center). If the weather is inclement, indoor facilities will be available. Please bring sneakers appropriate for indoor wear.

Dates and Times

Monday, June 25– Friday, June 29

9:00-11:30: for beginners — advanced players entering Grades K-9 in the fall

What Should I Bring?

Boys:

- | | |
|---------------|---------------------------|
| 1. Stick | 6. Shoulder Pads |
| 2. Helmet | 7. Athletic Supporter/Cup |
| 3. Gloves | 8. Cleats |
| 4. Arm Pads | 9. Sneakers |
| 5. Mouthpiece | |

Girls:

- | | |
|------------------------|-------------|
| 1. Stick | 4. Cleats |
| 2. Mouthpiece | 5. Sneakers |
| 3. Protective Eye Wear | |

Special Features

- Each camper will receive a free jersey and lacrosse related gift.

Rate

\$175 per student

10% Discount for families with more than one camper or/ for participation during both weeks: at Sanford and at Upland.

Please Make Checks Payable to Future Star Lacrosse Camp

Philosophy

The Future Star Lacrosse Camp ^(Ltd.) is designed to give Lower and Middle School aged players a chance to develop at their own pace in an environment appropriate to their developmental age. The intent of the directors is to enhance a lifelong appreciation of lacrosse through fun and competitive drills and games.

Beginning players will learn the basics of how to catch, throw, shoot and field ground balls. Basic defense and offense will be introduced as well as the rules of the game.

Intermediate players will work to improve their stick handling, passing, shooting, dodging and defensive skills.

Advanced players will learn skills that will enable them to improve both their individual and team skills. Ambidextrous catching, throwing and shooting will be emphasized in addition to daily scrimmages.

The overall focus of the camp is to provide quality lacrosse instruction and coaching with an emphasis on good sportsmanship, fair play and fun.

Registration

First come, first served! Register early to secure a spot in the Future Star Lacrosse Camp ^(Ltd.). Fill out the application from this brochure and mail to:

Future Star Lacrosse Camp
117 East Locust Lane
Kennett Square, PA 19348

Clee Edgar: (610) 444-1267(H) or (610) 444-8118
Eph: (302) 234-6660(H) or 239-5263 ext 245

www.futurestarlax.com

The Directors

J. Clifton Edgar (Clee) is the Head of the Upper School at Upland Country Day School and a varsity lacrosse coach. Clee is the winningest High School lacrosse coach in Delaware and has won four state championships. Clee was a varsity lacrosse player at North Carolina and graduated with a Bachelors of Arts degree in History. Clee was recently inducted into the Delaware Lacrosse Hall of Fame.

Edward P. Humphreys (Eph) is the Head of the Middle School at Sanford and the seventh and eighth grade lacrosse coach. Eph started the varsity lacrosse program at Sanford School and was the head coach for four years. He was the captain of the varsity lacrosse team at Penn State University and a four year varsity letter winner. Eph holds a Bachelor of Arts degree in Education from Penn State and a Masters degree in Educational Leadership from the University of Delaware.

The Staff

Katie Conner started playing lacrosse in seventh grade at St. Stephens and St. Agnes School in Alexandria, VA. In high school, she played defense was named Academic All-American her junior and senior years. (*Senior season ,ranked #5 in the country*) At Williams College, she was named a scholar athlete sophomore, junior, and senior years. Katie currently teaches 5th grade and coaches the Upland JV Girls lacrosse team.

College Counselors: The staff will be joined by top college lacrosse players. Most of our counselors were former campers at Future Star Lacrosse Camps when they were younger.

www.futurestarlax.com

**Registration Form For Lacrosse Camp at Upland
Monday, June 25– Friday, June 29**

Student's Name: _____

Address _____

City _____ State _____ Zip _____

Phone Number _____

Age _____ Grade _____ Boy _____ Girl _____

School _____

Ability (Circle) - Beginner~Interm~Advanced

Emergency Health Information

Mother's Name _____

Day Phone _____ Cell Phone _____

Mother's Place of Employment _____

Father's Name _____

Day Phone _____ Cell Phone _____

Father's Place of Employment _____

If Parents/ Guardian can not be reached, call:

1. _____ Phone # _____

2. _____ Phone # _____

Family Doctor: _____ Phone # _____

Indicate any serious medical conditions (allergies, asthma, disabilities, chronic illnesses): _____

List any medication camper is taking and for what medical condition _____

Medical Insurance Company _____

Policy Number _____

I understand and accept that the risk of injury is possible while playing lacrosse. I authorize the athletic trainer or the directors of the Future Star Lacrosse Camp to act for me according to their best judgment in case of an emergency which requires medical attention. I understand that the Future Star Lacrosse Camp does not provide Medical Insurance and that I will be responsible for all medical expenses incurred.

Parent/Guardian Signature Date

Future Star Lacrosse Camp (L.L.O.)
117 East Locust Lane
Kennett Square, PA 19348
www.futurestarlax.com

**FUTURE STAR
LACROSSE CAMP**

(L.L.O.)

At Upland Country Day
School

For Boys and Girls in
Grades K-9

June 25-29



